

Right Hand	put down	bread	handle	tub	bottom	hard
Left Hand	hold	slice	jam	plate	slow	soft
pick up	unscrew	knife	jar	packet	fast	forward
press down	remove	blade	lid	put	repeat	back
cut	spread	scoop	butter	turn	top	

Right Hand	put down	bread	handle	tub	bottom	hard
Left Hand	hold	slice	jam	plate	slow	soft
pick up	unscrew	knife	jar	packet	fast	forward
press down	remove	blade	lid	put	repeat	back
cut	spread	scoop	butter	turn	top	

Right Hand	put down	bread	handle	tub	bottom	hard
Left Hand	hold	slice	jam	plate	slow	soft
pick up	unscrew	knife	jar	packet	fast	forward
press down	remove	blade	lid	put	repeat	back
cut	spread	scoop	butter	turn	top	

Right Hand	put down	bread	handle	tub	bottom	hard
Left Hand	hold	slice	jam	plate	slow	soft
pick up	unscrew	knife	jar	packet	fast	forward
press down	remove	blade	lid	put	repeat	back
cut	spread	scoop	butter	turn	top	

Right Hand	put down	bread	handle	tub	bottom	hard
Left Hand	hold	slice	jam	plate	slow	soft
pick up	unscrew	knife	jar	packet	fast	forward
press down	remove	blade	lid	put	repeat	back
cut	spread	scoop	butter	turn	top	

Right Hand	put down	bread	handle	tub	bottom	hard
Left Hand	hold	slice	jam	plate	slow	soft
pick up	unscrew	knife	jar	packet	fast	forward
press down	remove	blade	lid	put	repeat	back
cut	spread	scoop	butter	turn	top	

Right Hand	put down	bread	handle	tub	bottom	hard
Left Hand	hold	slice	jam	plate	slow	soft
pick up	unscrew	knife	jar	packet	fast	forward
press down	remove	blade	lid	put	repeat	back
cut	spread	scoop	butter	turn	top	